



NEWS FROM THE CHARITY

July 2018
Volume 2 Issue 2



In this issue...

Page 1
Summer Catch-up

Page 2
What Works!

Page 3
Inspirational Ideas

Page 4
Quarterly Royalty

Page 5
Volunteer News

Page 6
Volunteer News
Featuring

Page 7
And Finally...

Summer Catch Up

We are constantly working to get new volunteers to cover our growing number of circles. We have found that the best way of doing that is through word of mouth! We have also had quite a lot of interest when the coordinators go to Unis to speak in lectures.

If you know a tutor or class that might be interested in having one of the coordinators come give a talk, please let us know! We would be happy to get in touch with the tutor to arrange it.

We always need new volunteers so any help or even a good word to a friend... will go a long way.

On a Separate Note...

I know and completely understand what the letters GDPR can do to blood pressure; however, it is still vital that we are compliant. If you have not returned your consent form I urge you to please do that!

SPOTLIGHT

Give As You Live

Give as You Live is the **easiest** way to donate money to your favorite charity (SLF ☺). Please have a look at pg 7 for more information!

SLF proudly supported by:



What Works!

Communication works!

We have found that the most successful circles are those that communicate not only with the coordinators but with each other. Many circles volunteers create their own WhatsApp groups in order to schedule their own meeting places and times.

Communication

Consistency and Communication!

Minutes Minutes Minutes!!!

Recently, we had some great feedback from the MOSOVO officer for the CM from circle Z. Because of the quality of the promptly sent minutes that we share with her, we have come up with new ideas for working with the CM and she said *'thanks for the minutes they give me a fab insight in to his thinking!'*

I completely understand the pressure that volunteers are under with studies and busy lives, but the minutes are not just to let us know what happens, they let us know who was there and when the meeting was held and this info is vital for our funding!

Circle or Sunshine? ...Why not have both?

Summertime is the best time of year! Warm sunshine, days out and best of all, HOLIDAYS! Some of you are celebrating no uni for 3 months, while others are ecstatic to simply see the cloudless blue skies. While you're out enjoying your much deserved time in the sun, please don't forget your circle and the awesome service you provide your CMs. You will remember from training that pro-social modelling is one of the main components of helping your CM with reintegration. The level of commitment and professionalism displayed by our volunteers is second to none! Many of your CMs look forward to their meeting day because it is their one time to meet and socialise with people who know and accept them for who they are and who genuinely want to help them.

Over the last few weeks we have had to cancel quite a lot of CoSA meetings from across the projects. This has been due to a lack of communication between volunteers and their group members and/or coordinator. While we hope that you have wonderful holidays, and plenty of opportunity to soak up the sun, we urge you to also think of your circle. The stability you provide, commitment you show and practical help you offer is changing someone's life! So please, let someone know you are going to miss a meeting or two. It allows coordinators to inform the CM so he doesn't think he's being abandoned. With enough notice, the meeting can be rescheduled without any negative impact on the CM or group.

SLF proudly supported by:



Inspirational Ideas



One Circle has discussed going to a theatre/drama group with a CM which suits his interests and would be great to build the Circle relationship and have some fun!

Bit of a musical theme here; one circle went to Karaoke with the CM where he apparently 'went down a storm'. Another circle did such a good job encouraging their CM to pursue his music, he wrote a song which he played for them at a circle meeting. He also then went and did a 'gig' at a local pub, and the reaction was so good that he played 12 songs when he had only planned to play 6. Both CM's got a lot from this and we have seen improvements in their self-esteem as a result.

Success Story!!!

I have a prison circle ending over the summer. Their CM attended wood work classes whilst at HMP Whatton. He completed a business plan whilst in prison, sourced his own accountant and business funding grant on release. With the help of his volunteers, he has since purchased a van, secured business premises and is now running his own woodwork business. He moved into supported housing in May 2018, which he'll have for the next 2 years. His volunteers have already requested another prison circle.

Let us remind you that since the commencement of Safer Living Foundation, we have started 33 circles and ***NONE*** of the CM's have committed further sexual offences. That is a massive accomplishment for which the volunteers deserve full credit!!

Prison Circles Statistics:

- ★ 4 Prison Circles currently running
- ★ 13 Volunteers committed on those Circles
- ★ More Prison Circles starting 10th July, August, October and November, with several men awaiting parole hearings.

Community Circles Statistics:

- ★ 6 Community Circles currently running
- ★ 22 volunteers committed to their Circle's success.

Young People's Circles Statistics:

- ★ There are 4 young people's circles running
- ★ There are 11 volunteers currently involved in these 4 circles.

SLF proudly supported by:



Quarterly Royalty



*In Recognition of those volunteers who have gone
above and beyond in their role for SLF.*

VP Royalty

Rhia was nominated for the Jamie Marshall Award 2018 at Nottingham Trent University for her outstanding over-and-above commitment on her Circles. Rhia fabulously won this award which came with a cash voucher prize. Well-deserved Rhia!

Community Circles Royalty

Circle Z in particular for promptly getting minutes to us and for great communication between the team – thanks Rhia, Amy and Sophie.

Circle Mm for really making an effort to attend all of the meetings, and for forming a strong relationship with each other and the CM. Great team work Elinor, Chris, Hannah and Rhiannon.

Andy Armstrong for making his CM a map and bus timetable so he can still get to meetings after he moved out of Derby to follow on accommodation (and for also completing a half marathon – crazy kid!)

Prison Circles Royalty

Kimberly, Lindsey and Sara for sticking together and really supporting each other as well as their core member through some particularly difficult events.



SLF proudly supported by:



Volunteer News

IMPORTANT CHANGES!!!

Please note that SLF now has its own email address! 😊

SLFHMPWhatton@hmps.gsi.gov.uk

This email should be used for sending general enquiries, expenses and training/vetting. Please do NOT send your meeting minutes to this address! Continue to send those to your respective coordinator. Thank you

Welcome to our new volunteers...



A warm welcome to the 10 new volunteers who successfully completed their training with us in November. They will soon be joining you on Circles so please make them all feel welcome:

- Daisy
- John
- Joanna
- Jay
- Jessica
- Laura
- Georgie
- Claire
- Irene
- Daria
- Lois
- Janice
- Tom
- Chloe
- Helen
- Mandy
- Jessica



MEETING MINUTES

Minutes are *crucial* in assisting with the management, and identification of risk. They also serve as an invaluable multi agency communication tool. **PLEASE!** submit your minutes on time, and to your coordinator within 48hrs of the meeting. Remember to call us immediately regarding any serious matters.

VOLUNTEER EXPENSES

Volunteers are kindly reminded to submit itemised receipts with their expense claims please!

Training dates for your diary

July 2018	Days/Dates
Core Training	30 th June - 1 st July
August 2018	
Summer Holidays!!! Due to many people being on holiday, we will not be running any extra activities until term time resumes.	
September 2018	
October 2018	
Initial Volunteer Training	Dates TBC

2 Day Initial Volunteer Training is **mandatory** for all new volunteers whether they want to be involved in adult or Young People's Circles.

1 Day Young People Training is for any volunteer who wants to be involved in Young People's Circles.

One of the most beneficial modes of recruitment we have found is simply **WORD OF MOUTH**. So if you know anyone who may be interested in becoming a volunteer let us know and we can send them an info pack.



SLF proudly supported by:



Volunteer News (cont)

Volunteer Event:

We were very sad to have to cancel the Volunteer's Week Big Event! However, we understand that with University exams, half-term, and work schedules, June is a difficult month for many. Safer Living Foundation Staff would really like to show our appreciation for our outstanding volunteers and the limitless work you do for your CMs.

We will be planning another event for February's Student Volunteer Week. If you have any suggestions of event type or venue that you would like to see, Please let us know! ☺

Newsletter:

We would like this newsletter to be a platform for sharing good practice and learning from each other's experiences so Please get in touch if you have anything you would like to see included.

Featuring...

New Circle LI is going well and I think will get great outcomes with this YP, well done guys!

Eleanor was nominated for the University of Nottingham Volunteers Awards. Angie spoke about how the coordinators find it quite humbling that they are fortunate enough to be paid to do this job when so many people devote endless hours of their own time for free! THANK YOU!!



Good luck to all our volunteers who have exams, dissertations etc... I'm sure you will reap the rewards of all of your hard work.

Goodbye to Sophie and thank you for your hard work and commitment.

New circle Mm, doing a great job with 4 new volunteers.

Finally, an enormous thank you to all of our volunteers who give up precious time and energy volunteering for the SLF. We literally couldn't do it without you!

SLF proudly supported by:



And Finally...



How Can You Help?!

There are a large number of ways people can help us...

- Are you able to **promote** our work and help us **advertise** for volunteers?
- Are you able to suggest a community venue that may be suitable for us to hold Circle meetings?
- Are you able to help us with volunteer training – either by sharing your experience as a volunteer or by talking about your professional role and its relation to our projects?
- Do you have anybody you think would benefit from our work you could refer onto us?
- Are you able to **join another circle**? If your circle has finished have you considered joining another? Or maybe you have extra time on your hands and would like a second circle!?

If the answer to any of these questions is 'yes' please get in contact and talk to us...

Get in touch

☎ 01949 803259



SLFHMPWhatton@hmpps.gsi.gov.uk

🌐 www.saferlivingfoundation.org



@saferlf

Donations

Virgin Money Giving



Safer Living Foundation is an award winning, innovative charity, working to prevent any further victims of sexual abuse. We greatly value your support as without it we would not be able to operate – however in order to continue to provide successful projects we need further support. We would therefore welcome any donations to ensure our work continues. If you feel able to donate please visit the Virgin Money Giving website and search for the Safer Living Foundation.

<http://uk.virginmoneygiving.com/giving>

Give as you Live



SLF have linked up with called Give as You Live - a website which allows individuals to sign up to and select a chosen charity. Then when you shop through retailers supported by give as you live, an automatic donation is made to that chosen charity by give as you live. You don't pay any extra, all you need to do is sign up to the website here

(<https://www.giveasyoulive.com/signup/choose-charity>), select the SLF as your chosen charity, and shop through the give as you live website (e.g. search for amazon on give as you live and then click through to amazon and it will track your purchase).

SLF proudly supported by:

